



SOEC FIRST AID COURSE INFORMATION

First Aid Trainer (4 days – 24 hours)

The trainer programme is designed to introduce a systematic method of training candidates to provide emergency care. Topic learning and presentations intermixed with scenarios of real situations. The programme is a five step process:

- Core knowledge: valid standard course • advanced course • first aid experience
- Training skills: 4 day trainer • assignments • video assessment • external assessment
- Observation: observe foundation level course • logbook for recording attendance
- Supervision: Supervised training with registered trainer
- Registration: Recommendation by two registered trainers • independent trainer

Price: £550.00 Please contact us dates.



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Content

The course is progressive, each session utilizes previous modules. Assignments are integrated throughout the course. The course includes:

- Code of Practice: ACOP • 1974 H&S at Work Act • equality • safety • assignments
- Presentation: presentation skills • communication • dealing with candidates • audiovisuals
- Teaching: teaching skills • lesson plans • learning outcomes • planning • assignments
- Coaching: small groups • skill development • demonstrating • feedback
- Assessing: observing • questions • productive assessment • constructive assessment
- Video analysis: presentations • teaching • coaching • assessing • feedback • assignments
- Development: new developments • research • assignments • cpr

Assessment

- The Instructor award is assessed by: observing training • observing assessing • oral • written assignments.

Candidates

- All candidates wishing to deliver the REC scheme must have completed a REC 2 day emergency course to understand the philosophy of REC, completed the advanced course and have an in-date HSE certificate for First Aid at Work.

The Qualification

To become a recognised REC trainer you must complete the following steps:



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- Attend 4 day Instructor/Trainer course and complete all assignments given
- Observe a number of REC trainers
- Teach on first aid courses under the supervision of qualified REC trainers
- Submit written recommendations from REC trainers
- Submit teaching file
- Keep an up-to-date portfolio for continued professional development.

Other SOEC first aid courses available:

REC Basic First Aid (one day – 8 hours): Valid for 3 years

Price: £65.00 including lunch and refreshments

REC Emergency First Aid (2 days – 16 hours): Valid for 3 years

Price: £125.00 including lunch and refreshments

REC First Aid at Work (3 days – min 24 hours) – can be updated by a 2 day re qualifying course before expiry after 3 years

Price: £235.00 including lunch and refreshments

REC First Aid at Work requalifying course (2 days – min 12 hours) – Valid for 3 years

Price: £195.00 including lunch and refreshments

REC Advanced first aid – 2 days (16 hours)

The Advanced First Aid course is certified for three years.

REC Travel first aid (2 days – 16 hours): valid for 3 years

Price: Please contact us for prices

REC Trainer first aid (4 days – 24 hours)



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Registered Office: Loaningdale House, Biggar ML12 6LX

About us:

SOEC offers a broad range of educational programmes and outdoor experiences to schools and a wide range of groups.

Our programmes are designed to be exciting, challenging and relevant to every group. Whilst always fun they also maximise every learning opportunity for children and young people to learn about their potential and the world they live in.

SOEC Centres can also accommodate groups who may simply wish to make use of the facilities for their own programme; whether music, drama, conferences or a celebration.

We are a charity and social enterprise employing over 80 staff to ensure the customer's experience is memorable and successful.

Interested in finding out more? Please ask for one of our brochures or telephone the number below.

Scottish Outdoor Education Centres

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