



SOEC FIRST AID COURSE INFORMATION

REC 4 - Advanced first aid – 2 days (16 hours)

The advanced first aid course is designed to introduce a systematic way of advanced first aid for managing casualties. Topic learning and practicals intermixed with scenarios of real situations. The course includes:

- Development of skills gained at emergency level
- In-depth review of emergency care topics • shock management • longer term care
- Advanced techniques • skills • development • use of additional equipment
- Review of special interest topics by the candidates

Price: Please contact us for prices.

Course Date	Location
10-11 January 2011	Dounans Centre, Aberfoyle



rescue *emergency care*

Content

First aid training with the REC scheme is easy and fun. The course is progressive by building on each session, introducing new scenarios to test all techniques for:

- bls: basic life support • vital signs • blood pressure • Glasgow coma scale
- als: advanced life support • suction • airways • oxygen • shock • fluid replacement
- injury: head • spine • chest • abdomen • pelvis • bones • soft tissue • eye
- rescue: triage • rescue • co-ordination • casualty management • cpr

Assessment

- Advanced first aid is assessed by observation of practical skills throughout the course and written assignments

The Candidates

All candidates will either have emergency or standard (FAW) first aid module

- Will be able to take control of an incident and direct standard First Aiders
- Will be able to deal with more complex emergency situations and use advanced methods

The Qualification

The Advanced First Aid course is certified for three years.



rescue *emergency care*

Other first aid courses available:

REC Basic First Aid (one day – 8 hours): Valid for 3 years

Price: £65.00 including lunch and refreshments

REC Emergency First Aid (2 days – 16 hours): Valid for 3 years

Price: £125.00 including lunch and refreshments

REC First Aid at Work (3 days – min 24 hours) – can be updated by a 2 day re qualifying course before expiry after 3 years

Price: £235.00 including lunch and refreshments

REC First Aid at Work requalifying course (2 days – min 12 hours) – Valid for 3 years

Price: £195.00 including lunch and refreshments

REC Advanced first aid – 2 days (16 hours)

The Advanced First Aid course is certified for three years.

REC Travel first aid (2 days – 16 hours): valid for 3 years

Price: Please contact us for prices

REC Trainer first aid (4 days – 24 hours)

Price: £550.00. Please contact us for dates.



rescue *emergency care*

Scottish Environmental and Outdoor Education Centres Association Ltd.
Registered in Scotland No: 24950 - Scottish Charity Ref: SC 002278
Registered Office: Loaningdale House, Biggar ML12 6LX

About us:

SOEC offers a broad range of educational programmes and outdoor experiences to schools and a wide range of groups.

Our programmes are designed to be exciting, challenging and relevant to every group. Whilst always fun they also maximise every learning opportunity for children and young people to learn about their potential and the world they live in.

SOEC Centres can also accommodate groups who may simply wish to make use of the facilities for their own programme; whether music, drama, conferences or a celebration.

We are a charity and social enterprise employing over 80 staff to ensure the customer's experience is memorable and successful.

Interested in finding out more? Please ask for one of our brochures or telephone the number below.

Scottish Outdoor Education Centres

Loaningdale House

Carwood Road

BIGGAR

ML12 6LX

01899 221115

info@soec.org.uk

www.soec.org.uk



rescue emergency care

Scottish
Outdoor
Education
Centres

